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### Home Care Of Diabetics {NAME}

- **Diabetes requires lifelong management with multiple visits**
- Start at \_\_\_\_\_ units of \_\_\_\_\_ insulin \_\_\_\_\_ daily at roughly the same time every day as a subcutaneous injection at the shoulder area. Can be 1 hour earlier or later. If longer, call doctor for directions.
- # 1 - pet must eat and not be sick/vomiting to safely give the insulin. If pet does not eat prior to insulin, do NOT give the insulin. If this occurs more than 1 dose, call. Please do NOT offer your pet soft treats or baby carrots because they contain a large amount of sugar. However, you may offer crunchy treats.
- Always keep karo syrup on hand . When in doubt of a low blood sugar, do NOT give any more insulin until talking to a doctor. Apply light nonflavored corn syrup, karo syrup, honey, molasses, pancake syrup with *real sugar* (no sugar free or sugar substitutes) on the gums to increase the blood sugar 1st. THEN call the doctor for directions.
- Signs of hypoglycemia: lethargy, seizures, neurologic signs, decreased appetite, vomiting, coma. CALL ASAP.
- Signs of dose regulation problems: increased drinking, increased urination, weight loss
- Keep daily activities, including food, as routine as possible. Any extra activity or stresses may alter the blood glucose levels.
- recheck sugar curve/urine in \_\_\_\_\_ weeks.

**Insulin Care Instructions:**

- Insulin is in a glass bottle so can break
- Keep insulin refrigerated
- Gently roll insulin in hands before every use, DO NOT SHAKE
- Try not to bend needle
- Inject insulin at a 45% angle under the skin
- Pull back on plunger of syringe, to make sure no blood, before injecting into pet
- DO NOT reuse insulin syringes.
- Disposal of needles: sharps container from pharmacy or can use a milk/tea container with screw top lid- tape closed & write diabetic needles on it & can throw in garbage at home.

Owner: \_\_\_\_\_ Date: \_\_\_\_\_  
Instructor: \_\_\_\_\_ Date: \_\_\_\_\_  
Doctor: \_\_\_\_\_ Date: \_\_\_\_\_